



LIMPOPO

PROVINCIAL GOVERNMENT
REPUBLIC OF SOUTH AFRICA

MEDIA INVITE

TO ALL MEDIA

14 NOVEMBER 2023

The MEC responsible for Social Development, Ms Nandi Ndalane as well as the MEC responsible for Sport, Arts and Culture, Ms Nakedi Kekana have the pleasure of inviting members of the media to the provincial golden games activities. Golden games are a key component of the Departments' active ageing programme where older persons engage in sporting activities. Older persons will compete in sporting codes such a soccer, ring the stick, athletics, brisk walk, jukskei, goal shooting among others.

The golden games will be arranged as follows:

Date: 15 November 2023

Venue: Old Peter Mokaba Stadium

Time: 10:00

One of the key objectives of the golden games is to encourage older people to embrace active ageing and be able to manage obesity which leads to chronic illnesses such as type 2 diabetes, cholesterol, and hypertension. These games also help create awareness about the abilities and capabilities of older people in debates, music, and recreational activities.

For further enquiries contact

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